

WHITE
SAGE
TAROT

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10 9 8 7 6 5 4 3 2 1

Made in China



Published by
U.S. Games Systems, Inc.
179 Ludlow Street
Stamford, CT 06902 USA
www.usgamesinc.com

WHITE SAGE TAROT

Seeking a way to balance the masculine energy in our culture with a soft, strong and feminine deck, White Sage Tarot was born. The white sage plant is often used in smudging, particularly as an ancient Native American method to cleanse spaces and people. The intention of White Sage Tarot is to help people find clarity and flow while navigating life's journey.

White Sage Tarot is a modern, minimalist 78-card deck based on a classical model of tarot. The animals wear clothing, creating a whimsical touch to both the Court Cards and the Major Arcana. The colors of the seven chakras (energy centers) are incorporated into the Minor Arcana Cards as an additional way to read the deck.

GETTING STARTED

When you get your deck it is good to spend some time with it, shuffle it

and even smudge it with some white sage. To do this, burn white sage over a fireproof dish and allow the smoke to flow over each card. Once finished, you can store your deck in a spread cloth for safekeeping.

READING THE CARDS

If you are a beginner, start with simple three-card spreads such as:

- past / present / future
- mind / body / spirit
- strength / struggles / advice

Shuffle the cards and think of an open-ended question or concept. Cut the deck and pull one card at a time. Some cards will show upright (U) others will be reversed (R). Before you refer to the card meanings (written in the pages to come), be an observer. What symbols do you see in each card? How do they interact with each other? Where is there repetition in the colors, suits or numbers? How do the cards make you feel? Okay, now you can look up the meanings!

A DIFFERENT PERSPECTIVE

Tarot has a special way of helping us see new perspectives. It also helps us uncover things that we may be afraid of or are trying to avoid. When this happens, it is a good chance to go deeper into the lightness, as well as into the darkness.

CHAKRAS

Although our bodies are filled with thousands of energy points, they are most condensed along the spine. Just as sound waves have different vibrations, so do these energy centers, which are called *chakras*. Their frequencies correlate to the colors in a rainbow. White Sage Tarot contains ribbons, crowns and other symbols that correspond with these colors. Allow your intuition to guide your readings and draw your awareness inward. (A separate Chakra reference card is provided as part of the deck.)

THE MAJOR ARCANA

0 THE FOOL

UPRIGHT: Fresh start, inner child

A puppy marches along without a care in the world. All the Fool needs to be happy is a little stick and life is good. A storm is off in the distance but this doesn't slow him down. He is always an advocate for diving in head first with the innocence of a child. The Fool can be an indicator of starting a new spiritual practice with an element of spontaneity. This Fool is based on my goldendoodle named Mauer, a light-hearted soul.

REVERSED: Hesitancy to start, lacking confidence

There is a need for a new beginning, but there is some hesitancy about making it happen. This card indicates new spiritual beginnings. Sometimes this card can mean change is coming, whether you want it or not.

CHAKRA 1 Muladhara: *Base of spine, red light*

1 THE MAGICIAN

UPRIGHT: Elusive, miracles, magick

A feather floats effortlessly in the air above a nazar that wards off evil. This card is a good reminder to take the high road in order to access your unlimited power. The Magician card taps into your emotional, energetic and physical body. This powerful card signals that you can make a difference in your own life and in the world. Getting in the flow is as easy as a feather drifting in the wind.

REVERSED: Lacking self-discipline and purpose

You may be wary about making the necessary changes in order to use your power in a more spiritual and effective manner.

CHAKRA 6 Ajna: *Third eye, violet light*

2 THE HIGH PRIESTESS

UPRIGHT: Intuitive, all-knowing

The High Priestess is like any cool cat, on top of the world with a quiet sense of control. You can't help

but feel drawn to her. She is calm, cool and collected. She lives a life above everyday drama. This cat is based on my cat, Udi, who runs our household.

REVERSED: Impatient, blockage

The High Priestess in reverse may indicate impatience and an inability to access intuition. She may show up as being stubborn and controlling.

CHAKRA 7 Sahasrara: *Crown, white light*

3 THE EMPRESS

UPRIGHT: Strong feminine energy, emotional balance

The Empress taps into the subtle yet strong power of the divine feminine. Connected to both earth and water elements, the Empress is at home anywhere she can express herself. This image is based on a sea lion that lives in La Jolla, California.

REVERSED: Impatient, superficial

When the Empress is in reverse, watch out for over-extending

yourself. Remember, you need to put on your own oxygen mask first, before you reach out to help others.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

4 THE EMPEROR

UPRIGHT: Authority figure, loyal

The Emperor is a jolly old father figure who has always had a strong work ethic and reaps the rewards. He is a powerful authority figure who pats his belly and says, "It's all paid for." This card is a reminder to not let symbols of success and status get in the way of real happiness.

REVERSED: Lacks self-discipline, poor boundaries

When the Emperor shows up in reverse, be ready to hold your ground. There may be a person in your life who calls all of the shots. This card can also represent an archetype you find within. Be aware of making assumptions and judging others.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

5 THE HIEROPHANT

UPRIGHT: Inner teacher, power of letting go

The Hierophant is all about learning good judgment. No need to search, the answers lie deep inside. You only need to sit and quiet your mind. This deer knows how to be a deer. Although she is vulnerable, she is confident yet relaxed.

REVERSED: Rule breaker, controlling

The reversed Hierophant can indicate a restless energy and whirling thoughts. To find balance, see yourself as this deer and feel your controlling grip soften.

CHAKRA 4 Anahata: *Heart center, green light*

6 THE LOVERS

UPRIGHT: Soul connection

The Lovers card is usually (but not always) connected to a romantic

relationship, one that deeply touches your heart. You may be unsure if you've met your perfect match. Ask yourself, "Is it easier than it is hard?" If so, dive in headfirst.

REVERSED: Communication breakdown

Even when it shows up in reverse it is still a positive omen. The intensity is only a bit weaker than if it is upright.

CHAKRA 4 Anahata: *Heart center, green light*

7 THE CHARIOT

UPRIGHT: Karma, action, driving force

When the Chariot turns up, your path has cleared. Yin/Yang horses are charging forward toward a goal. An "all in" attitude will help you get the job done. The Chariot has energy and motivation so moving forward is crystal clear.

REVERSED: Wild horses, acting without thoughtfulness

When the Chariot appears in reverse, it is time to take a hard look at your

intention for moving forward. Is it coming from a place of trying to please others?

CHAKRA 3 Manipura: *Solar plexus, yellow light*

8 STRENGTH

UPRIGHT: **Courage, highest good**

A momma bear courageously charges forward, willing to give up her life for those she loves. Her action isn't violent; on the contrary, it comes from a place of protection.

REVERSED: **Stronger than you think**

You may feel like you can't overcome the mountain of trouble that lies ahead of you. You can and you will, once you tap into your own strength.

CHAKRA 4 Anahata: *Heart center, green light*

9 THE HERMIT

UPRIGHT: **Spiritual, loner**

With a smile on his face and a glimmer in his eyes, this sloth doesn't have a care in the world. He knows

everything gets done in its own sweet time. Just because he is alone, doesn't mean he is lonely. This sloth reminds you to stop pushing your way through your life. Just stop and enjoy the view.

REVERSED: Meditation, quiet time

You are better at quietly sitting still than you give yourself credit. Alan Watts says, "The trick is to sit down on your meditation cushion without a sense of grim duty, but rather, with a sense of joy."

CHAKRA 5 Vissudha: *Throat, blue light*

10 WHEEL OF FORTUNE

UPRIGHT: Transformation, change, cycles

The Wheel of Fortune floats above Anubis' head without any gravitational pull or tension to slow it down. The wheel is a mandala, a symbol of psychic wholeness and balance. Understanding that life isn't linear, but rather runs in cycles, helps change your expectations. Anubis is

a symbol of transformation that is beyond your control.

REVERSED: Ask for help, subtle transition

Change may be delayed, which can throw off your desired schedule. The mandala in the center keeps turning. The only thing that is guaranteed in life is change. Roll with it.

CHAKRA 6 Ajna: *Third eye, violet light*

11 JUSTICE

UPRIGHT: Weighing of the heart, fairness

The Egyptians viewed the heart as the seat of intellect and emotion. After death, the heart of the individual was weighed against the feather representing the goddess of truth. How would your heart do?

REVERSED: Blocked vision, what goes around comes around

Holding on to regrets and past relationships can bog you down. This is a good time to let go of bitterness.

CHAKRA 5 Vissudha: *Throat, blue light*

12 THE HANGED MAN

UPRIGHT: Reflective time, crossroads

When a monarch caterpillar hatches, it frantically eats and grows then crawls up to a leaf and turns into a “j” shape. When this happens, it completely freezes and waits for transformation. You too can benefit from stillness.

REVERSED: Let go, acceptance

The time has finally come for you to spread your wings. You may not even recognize your former self after this transformation takes place.

CHAKRA 1 Muladhara: *Base of spine, red light*

13 DEATH

UPRIGHT: Big transformation, change

The Death card can suggest the end of a being, a job or even a concept. There is nothing to fear about this card. Lighten your grip on the idea of permanence. This image of light at the end of the tunnel reminds us that everything is made up of energy.

REVERSED: Subtle transformation, change

The Death card reversed can also mean change is coming but it is on a much more subtle level.

CHAKRA 7 Sahasrara: *Crown, white light*

14 TEMPERANCE

UPRIGHT: Symmetry, healing

Spotting a blue butterfly is a magical and fleeting experience. Balance also comes and goes. Find flow in your physical, energetic and emotional bodies with the ease of water that pours from one cup to the next.

REVERSED: Slight imbalance

Keep a careful eye on imbalances as they come up. One way to find balance is to notice imbalances, then make adjustments.

CHAKRA 5 Vissudha: *Throat, blue light*

15 THE DEVIL

UPRIGHT: Addiction, hopelessness, self-doubt

The shiny red apple and the lime-green snake draw you in. He pulls you off your true path and clouds your view, making it hard to see. Where is your weakness? Can you see the truth? You always have a choice to break a pattern.

REVERSED: Breaking free, power reclaimed

With the Devil in reverse, you have started to break the bonds of attachment—enough to realize that you are in a toxic situation. Let go of your strong grip.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

16 THE TOWER

UPRIGHT: Change, upheaval

The Tower comes crashing down and there is nothing you can do to stop it. Water down below reminds you that you don't need to sink or swim, but rather float and go with the flow. Change is a part of life.

REVERSED: Subtle change, shift in traditional power

The Tower in reverse may indicate a shift in a long-standing power hierarchy in your life. Those you held in the highest regard may show their mortal flaws.

CHAKRA 1 Muladhara: *Base of spine, red light*

17 THE STAR

UPRIGHT: Cleanse, hope

You look up in the night sky and understand you are connected to the stars as well as the ground you stand on. White sage smudging reduces the negative energy all around. This card is a good omen, enjoy it.

REVERSED: Inspired, calm after a storm

Even in reverse, the Star card is a positive omen. You may feel a bit hesitant to move forward with a project. Set aside some time to get inside your body with a yoga/meditation practice.

CHAKRA 7 Sahasrara: *Crown, white light*

18 THE MOON

UPRIGHT: **Psychic, intuitive, feminine**
Khonsu, the god of the moon and time, was also revered as a god of healing. The Moon is balanced and mysterious. Don't be afraid of the dark. Yin energy can draw out your creative spirit. Pay special attention to your dreams. The Moon card can indicate it's a good time to do some shadow work.

REVERSED: **Blocked vision, waiting game**

You may feel disconnected from the moon and restless as the sun starts to set. This feeling is only temporary; you will be howling in the night sky in the near future. The moon is always there (just like your intuition) even when you can't see her.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

19 THE SUN

UPRIGHT: Freedom, travel

It is believed that every night, Khepri pushes the sun down into the underworld, and every morning the sun would again emerge and travel across the sky. The word “Kheper” means “to emerge” or “to come into being.” This card symbolizes movement and clarity in your journey forward!

REVERSED: Subtle freedom, focus on blessings

In reverse, this card shows movement but the change is more subtle and the movement is slower. Count your blessings and tap into some gratitude for that big ball of fire that shows up everyday.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

20 JUDGEMENT

UPRIGHT: Epiphany, dharma

A light bulb shines. Is it an interrogation light or an “aha” moment? The choice is up to you. Focus on white

light; True Self and life goals.

REVERSED: Interrogation light, quick decisions

In reverse you go from “big picture” decisions to more mundane ones. Both are important and influence each other.

CHAKRA 7 Sahasrara: *Crown, white light*

21 THE WORLD

UPRIGHT: Completion, celebration

Just as a great oak starts as a wee acorn, we need to suspend our belief that life is limited to our simple vision. Everything is inter-connected with all other happenings.

REVERSED: Potential for completion

Time to stick with it and keep going. Cherish each moment and the people who you connect with along the way.

CHAKRA 7 Sahasrara: *Crown, white light*

THE SUIT OF WANDS

Wands correlate with the element of Fire, which represents the energetic world, creativity, and life goals. The wands in this deck are made up of pussy willows I received as a gift for Valentine's Day. They reminded me of wands for a tarot deck. So the Ace of Wands was the creative spark needed to bring White Sage Tarot to life! Raptors represent the Wands court. Birds of prey have a clear understanding of working with sticks (wands) to build their nests. They have a precise kind of fire in their eyes when it comes to creation.

ACE OF WANDS

UPRIGHT: Inspiration, creation

It is time for a fresh start and a spark of creative energy. This wand seems to defy gravity. Allow this lightness to help you expand your horizons. Dreaming isn't limited to nighttime.

REVERSED: Delayed start, stagnation

There may be a delayed start and a

slight heaviness before you begin a creative endeavor.

CHAKRA 1 Muladhara: *Base of spine, red light*

2 OF WANDS

UPRIGHT: Progress, discovery

You are ready to soar to new heights. This card inspires both grounding and light. As Dr. Martin Luther King Jr. wisely stated, “Faith is taking the first step, even when you don’t see the whole staircase.”

REVERSED: Hesitation, fear of unknown

When the 2 of Wands shows up in reverse, hesitation and lack of confidence can crop up. Take your time and you’ll see you can do this.

CHAKRA 4 Anahata: *Heart center, green light*

3 OF WANDS

UPRIGHT: Preparation, foresight

You are well on your way but you can’t get there alone. Collaboration is

the key to this venture at hand. The wands are wrapped in a blue ribbon signifying the importance of clear communication and teamwork.

REVERSED: Delayed gratification, miscommunication

The 3 of Wands in reverse may signify delayed gratification. You may feel wary about trusting others.

CHAKRA 5 Vissudha: *Throat, blue light*

4 OF WANDS

UPRIGHT: Celebration, sweet home

Let down your guard and let loose; it's time to celebrate. A wedding huppah represents a stable home filled with laughter and tears. Once you find this, you are in it for the long haul.

REVERSED: Communication, difficulty

There may be some communication challenges. When this happens, sit down and have the hard talks with important people in your life. You'll be glad you did.

CHAKRA 6 Ajna: *Third eye, violet light*

5 OF WANDS

UPRIGHT: Competition, struggle

It may feel like your patience is being tested with a bit of conflict and tension. This is a good reminder to focus on your True Self or Atman. Yoga means “yoke” with regards to your mind, body and breath. Your separation from everything else is an illusion.

REVERSED: Conflict avoidance, goal focus

Restorative justice may be needed to resolve a conflict. Active listening plays a big part of clear communication.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

6 OF WANDS

UPRIGHT: Self-confidence, progress

You've tapped into your dharmic flow and it may feel like effortless effort. This is encouraging and ultimately represents your outward

appearances. You are seen as successful by those around you.

REVERSED: Caught up in appearances, sun sign

When the 6 of Wands is reversed, you may be too focused on the way you think you are perceived. Don't get caught up in your appearance.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

7 OF WANDS

UPRIGHT: Competition, upper hand

Although it can be a challenge, in the end you will be thankful that your voice has been heard. Take a stand and hold your own. Harness your focus on your Manipura energy center located in your solar plexus.

REVERSED: Exhaustion, lack of focus

When the reversed 7 of Wands shows up, you may feel confused as to the best direction to turn. Don't let your own insecurities prevent you from accessing inner strength.

CHAKRA 3 Manipura: *Solar plexus,*

yellow light

8 OF WANDS

UPRIGHT: Travel, change

The struggles and battles of the 7 of Wands are now in the past. Get ready for swift change. This may be a good time for air travel. The orange ribbon glides between the mesh of wands with ease.

REVERSED: Delays in a trip, waiting game

The reversed 8 of Wands indicates delays on your fast-tracked journey. Maybe this is just the news you need to hear in your busy schedule. There isn't anything you can do, so just make the best of it.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

9 OF WANDS

UPRIGHT: Courage, against the grain

The 9 of Wands shows up to remind you that sometimes it is best to go against the grain. It takes a lot of

courage to stand out from a crowd. The pink ribbon brings focus to your roots, to find courage to move forward.

REVERSED: Hesitant, on edge

The 9 of Wands in reverse suggests you aren't as confident as others seem on the outside. You need to pick your battles. When in doubt start with compassion for yourself and share it with others.

CHAKRA 1 Muladhara: *Base of spine, red light*

10 OF WANDS

UPRIGHT: Too busy, heavy load

When the 10 of Wands shows up, you may feel like you are carrying a cumbersome load. It is time to listen to your heart to decide what is really important and what needs to be delegated. Time for a break.

REVERSED: Grasping, control

It is time to step back and figure out your support network. When people offer to help, take them up on it and

then treat yourself with a simple nurturing routine.

CHAKRA 4 Anahata: *Heart center, green light*

PAGE OF WANDS

UPRIGHT: Adventure, youthful creativity

The Page of Wands represents a youthful, feminine spirit. She is ready for an adventure with her walking stick and sun hat. Get out there and smell the fresh air.

REVERSED: Unfocused, pessimism

The Page of Wands reversed can depict lack of focus and direction. Before heading out on an adventure, carve out some time to sit quietly.

CHAKRA 4 Anahata: *Heart center, green light*

KNIGHT OF WANDS

UPRIGHT: Traveler, positive vibes

Pack your bags! The Knight of Wands is a good signal for travel. This raptor

is a teenage boy who is ready to conquer the world. What he lacks in experience he makes up for in enthusiasm. The pyramids in the background signify monumental achievements.

REVERSED: Haste, scattered energy

When the Knight of Wands is in reverse, the message can signify rushing into a project or adventure without clear plans. No need to reinvent the wheel. Find out what worked for others, and learn from past mistakes.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

QUEEN OF WANDS

UPRIGHT: Competent, exuberant

The Queen of Wands can refer to a woman with a lot of fire energy who is feminine, strong and confident, with a positive, uplifting vibe. She carries a staff she isn't afraid to use, with an intensity that gets the job done.

REVERSED: Demanding, overbearing

The Queen of Wands reversed can come across as domineering and impatient. She may need to learn the art of wielding fire.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

KING OF WANDS

UPRIGHT: Leader, entrepreneur

The King of Wands symbolizes a wise, open and positive masculine energy. He is one who sees the cup as full. He wears his crown with a slight tilt and the sky is partly cloudy, reflecting that he is good at finding a silver lining.

REVERSED: Impulse control, ruthless

The King of Wands can signify a person who has overcome obstacles, which shows up through his empathy toward others. He can also have unrealistically high expectations.

CHAKRA 5 Vissudha: *Throat, blue light*

THE SUIT OF CUPS

Cups correlate with the element of Water, which represents the emotional world, love and connection. The coffee cups in this deck are based on my wedding registry cups, which hold sentimental value. The Cup court is the perfect place for otters. It's hard not to have an emotional connection to their sweet faces.

ACE OF CUPS

UPRIGHT: New love, sparks fly

As with all aces, the Ace of Cups indicates a new beginning. It is a positive omen with regards to love and affection. You have finally met your match. This latte is a reminder of the heart-pounding sweetness of an espresso blended with care. Keep your heart open to a new emotional connection.

REVERSED: Repressed emotions, holding back

When the Ace of Cups shows up in

reverse, it is still a positive omen, but you might feel a bit hesitant. Once you feel ready, take a chance and jump in.

CHAKRA 1 Muladhara: *Base of spine, red light*

2 OF CUPS

UPRIGHT: Bond, union

Two cups pour together and unite just as true love melds two hearts. You may feel a deep love connection with another. Practice the art of finding a balance through some give and take.

REVERSED: Loss of Self, relationship imbalance

The 2 of Cups reversed warns you to be sensitive to all of your connections and be aware if you start to lose your sense of self.

CHAKRA 4 Anahata: *Heart center, green light*

3 OF CUPS

UPRIGHT: Celebration and connections

Three cups are held up in a toast. Special friends gather to celebrate a bond that has lasted through thick and thin. No matter what, they will always be there.

REVERSED: Betrayal, too many cooks in the kitchen

Reversed, this card suggests that three is a crowd. Be aware of group dynamics and betrayal. Be mindful of your thoughts, words and deeds.

CHAKRA 5 Vissudha: *Throat, blue light*

4 OF CUPS

UPRIGHT: Meditation, stability

The 4 of Cups (like all 4 Cards) shows stability, maybe to the point of being stuck. If you look around, you will notice others who are there to support you.

REVERSED: Missed opportunity, unmotivated

The 4 of Cups reversed expresses low energy, one where you are unmotivated, apathetic and even depressed. To restore balance, get moving again.

CHAKRA 2 Svadhithana: *Pelvis, orange light*

5 OF CUPS

UPRIGHT: Loss, grief

You may feel a sense of loss or even grieving. Remember, change is a part of life and every yin has a yang. Clinging too tightly can cause suffering. No use crying over spilled milk.

REVERSED: Emotional awakening, new strength

This card reversed can signify a recovery and release from the past. It is time to forgive and move on. Accept support from family and friends who are there to help you get through.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

6 OF CUPS

UPRIGHT: Nostalgia, creativity

Sweetness is flowing with a sense of nostalgia for your past. It's a time of innocence and creative spontaneity.

The violet stream symbolizes joy and creativity.

REVERSED: Naive, living in the past

You may feel stuck in the past. You may be too trusting. Be aware of others taking advantage of you.

CHAKRA 6 Ajna: *Third eye, violet light*

7 OF CUPS

UPRIGHT: Dreamy, self-expression

You may be too focused on your dreams, illusions and fantasies. Take some time to release your creativity by creating something real.

REVERSED: Illusion, head in the clouds

This card reversed may indicate signs of being ungrounded in real life by trying to escape in the supernatural world. Check in with your heart to help you find balance.

CHAKRA 4 Anahata: *Heart center, green light*

8 OF CUPS

UPRIGHT: Move on, transition

Change can be hard so pack your essentials but travel light. With these cups precariously stacked, there is bound to be some spills and breaks. Destruction and creation go hand-in-hand.

REVERSED: Stuck, indecision

This card may indicate your hesitancy to leave a situation. Watch for patterns in your past to help guide this decision.

CHAKRA 1 Muladhara: *Base of spine, red light*

9 OF CUPS

UPRIGHT: Hard work pays off, overflowing

Your wishes are granted. You may feel overwhelmed by a sense of fulfillment. Find emotional balance and let go of striving as you enter the final phase of this process. You are able to reap what you sow.

REVERSED: Let go of outcomes

Be careful not to identify with or

become overly attached to the outcome of your efforts.

CHAKRA 7 Sahasrara: *Crown, white light*

10 OF CUPS

UPRIGHT: Party time, celebration

This incredibly positive card brings the culmination of a creative and emotional endeavor. Allow yourself to sit back and take it in. Cups on this card are stacked and stable. They lead up to a rainbow in an infinity symbol. Happiness is only found in the present moment, enjoy it.

REVERSED: Striving for more

Notice if you're still striving for something more. Realize you have everything you need in this moment.

CHAKRA 7 Sahasrara: *Crown, white light*

PAGE OF CUPS

UPRIGHT: Youthful, creative

When this sweet young otter graces your presence with a cup of turmeric ginger chai, take her up on the offer. Take a sip, close your eyes then let

your tensions vanish. Remember what it was like to be a child? Allow your creative side to flourish.

REVERSED: Uprooted, dreamy

This card may signal a time to play, create and dream but be sure to stay well grounded.

CHAKRA 2 Svadhithana: *Pelvis, orange light*

KNIGHT OF CUPS

UPRIGHT: Soft heart with a hard outer shell

The Knight of Cups otter doesn't leave home without his messenger bag and a cup of dark, black coffee. Don't let his hard metal helmet fool you—he is a softy and a good listener at heart. He carries an optimistic message, a call to action.

REVERSED: Message coming your way

Be aware of messages headed your way and don't let outer appearances fool you. You may need to dig a little deeper.

CHAKRA 6 Ajna: *Third eye, violet light*

QUEEN OF CUPS

UPRIGHT: Nurturing, gentle

This nurturing queen is gentle and relaxed. Sipping on some chamomile tea, she reminds you to slow down and taste your food. Being busy is so over-rated.

REVERSED: Martyr, compassionate

The Queen of Cups in reverse is still compassionate, but she can become a martyr when out of balance.

CHAKRA 4 Anahata: *Heart center, green light*

KING OF CUPS

UPRIGHT: Yin/Yang, caring soul

The King of Cups signifies a man with truly balanced masculine and feminine energy. He is a laid back and caring old soul. The King of Cups is a real family man, always there for you when you need him.

REVERSED: Emotional overload

When the King of Cups is reversed, he can be a moody old fellow. Take

some time to listen to his needs.

CHAKRA 5 Vissudha: *Throat, blue light*

THE SUIT OF SWORDS

The suit of Swords relates to the element of Air, the astral world, thoughts and focus. Swords in this deck look like classic metal swords. Be aware of the direction they are facing and how the ribbons interact with them. When the swords are wrapped it can indicate a limited use of the swords and lack of clear thought and focus. The Sword court is made up of big cats and reminds us how they fly through the air as they spring on their prey. They have a clear mind/body connection.

ACE OF SWORDS

UPRIGHT: **New mental clarity, insight**

The Ace of Swords can signify a breakthrough moment. Although it isn't always easy, seek clarity to get to the heart of the matter.

REVERSED: Clouded judgment, stress

The Ace of Swords reversed reflects clouded judgment or too much focus on the way things should be. Stress happens when expectations and reality don't line up.

CHAKRA 1 Muladhara: *Base of spine, red light*

2 OF SWORDS

UPRIGHT: Stalemate, blocked emotions

The 2 of Swords indicates a strong bond between you and another person. If there is a conflict, you are like battering rams. You can find balance if you both have some give and take. The green ribbon suggests focusing on your heart chakra for a solution.

REVERSED: Struggle, space needed

This card may suggest that you are in the middle of conflict. Trying to play the peacemaker is just creating confusion and tension. Step outside and let some space help you gain perspective.

CHAKRA 4 Anahata: *Heart center, green light*

3 OF SWORDS

UPRIGHT: Sorrow, pain

Although the 3 of Swords can be intense, know that it is not all bad. On the other side of sorrow can be enhanced understanding. Allow yourself to fully experience any pain that comes up now, so that you can move beyond it.

REVERSED: Clouds have started to part, silver lining

You have recently gone through a difficult patch but the clouds have started to part. Look for a silver lining.

CHAKRA 5 Vissudha: *Throat, blue light*

4 OF SWORDS

UPRIGHT: Contemplation, relaxation

Swords are the element of air and thoughts. Stick your sword in the sand for a moment of rest for both your mind and your body.

REVERSED: Restlessness, burn-out

You may be trying to avoid a particular issue because you are worried about what it might bring up. Stop and take a few deep breaths to be here, now.

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

5 OF SWORDS

UPRIGHT: Tension, hostility

You are likely to find yourself with some mixed feelings about life in general and about a few people in particular. It is good to voice your opinions, but pick your battles. The yellow ribbon is being shredded as we speak.

REVERSED: Conflict, action

This card reversed can indicate power struggles and conflicts. Insisting on having your way could be a waste of your time and energy. Act only on the things that matter most to you.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

6 OF SWORDS

UPRIGHT: Change, travel, flow

Unlike the 6 of Wands, swords don't bend. Change can be hard, but can be easier if you release control. The violet ribbon resides in your third eye. Tap into your creative magick!

REVERSED: Blocked, stuck in a routine, fear of the unknown

You may feel stuck. The violet ribbon is a good reminder to focus on your third eye and figure out a creative solution.

CHAKRA 6 Ajna: *Third eye, violet light*

7 OF SWORDS

UPRIGHT: Lone-wolf, courageous

You are dancing to the beat of your own drum. There may be a person in your life who is acting in an unethical way. You may be tempted to act out.

REVERSED: Scheming, mind games

In reverse, this card indicates what comes around goes around. Make right the wrongs you've done. The

yellow ribbon brings focus to the solar plexus—energy needed to act from your truth.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

8 OF SWORDS

UPRIGHT: Trapped, imprisoned

The two largest swords are wrapped and are unable to be used to their full abilities. Other swords point inward as a sign of conflict. Keep your wits about you. As the blue ribbon of the 5th chakra indicates, communication is key.

REVERSED: Escape, mental healing

You are packed and ready to go. Your mind is clear and your mental shackles have been released.

CHAKRA 5 Vissudha: *Throat, blue light*

9 OF SWORDS

UPRIGHT: Loss of hope, depression/
anxiety

Your sensitive heart floats in the middle of this card as the swords enter

in. This card is about your internal psychological state more than your experience in the world.

REVERSED: Light at the end of the tunnel, seeking help

The 9 of Swords in reverse can indicate that you have spent time worrying, and now you are ready to move on. Get support as you need it.

CHAKRA 1 Muladhara: *Base of spine, red light*

10 OF SWORDS

UPRIGHT: Betrayal, loss

This card can indicate a sudden change or loss. The swords in this image cut through a green ribbon symbolizing your heart center. Most of this change is out of your control. You can only control your response to it.

REVERSED: Recovery, courage

The 10 of Swords in reverse can indicate an old incident that has come back to haunt you. Time to put down your baggage once and for all. Live in

the moment and bring your focus to your heart center— a green light in the center of your chest.

CHAKRA 4 Anahata: *Heart center, green light*

PAGE OF SWORDS

UPRIGHT: Alert, clear vision

Although the Page of Swords has a youthful glow and she is adorned with fresh herbs, she is a force to be reckoned with. Her sword adds protection and cuts through dishonesty. It is time to face problems head on.

REVERSED: Clouded vision, hesitation

In reverse this card can indicate you're unsure about your direction and because of this, you are all talk and no action. Tap into your heart center for answers.

CHAKRA 4 Anahata: *Heart center, green light*

KNIGHT OF SWORDS

UPRIGHT: Problem solver, witty

The Knight of Swords shows a large

cat with a sword drawn. He is all about movement. Time to prepare for battle and stand up for yourself and your beliefs. This positive card symbolizes courage and strength.

REVERSED: Sarcastic, making rash decisions

This card warns about quick decisions without a lot of experience to back it up.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

QUEEN OF SWORDS

UPRIGHT: Strong, feminine energy

A strong, beautiful lioness looks you in the eye, sure of herself. People look up to the queen but aren't always sure if they can handle her intense spirit. She isn't afraid to call a spade a spade and has no patience for people who put up a front.

REVERSED: Deceitful, cold

When the Queen of Swords appears in reverse she is even more intense and on the verge of tactless. She is

still cool and self-sufficient but can be critical of those around her.

CHAKRA 5 Vissudha: *Throat, blue light*

KING OF SWORDS

UPRIGHT: Intellectual, logical, severe

The King of Swords can hold his own in an intellectual conversation but can struggle when connecting to his intuition. He is a positive guy who is deeply devoted to his family. He is good at listening to both sides of an argument before giving advice.

REVERSED: Immature, sarcastic

When the King of Swords appears in reverse, he's still an interesting person but lacks the life experiences that can help him navigate a conversation. He may seem immature and can sometimes have a sarcastic tone. When this happens, it is best to give him space so that he can cool down.

CHAKRA 1 Muladhara: *Base of spine, red light*

THE SUIT OF PENTACLES

Pentacles relate to the element of Earth, the material world, money and career. I spent a year living on the coast of Japan near Kamakura, where sand dollars would sometimes cover the beach. I was inspired by the way they are light and yet hold themselves down even in heavy winds. Many years ago, shells were also a form of currency. The Pentacle court is made up of elephants. Strong and stable elephants exude earthly elements. The pentacles represent both health and wealth.

ACE OF PENTACLES

UPRIGHT: Prosperity, creature comforts

A pink ribbon weaves its way through a single sand dollar. It is good to keep your material possessions to a minimum and find joy in the simple things of nature.

REVERSED: Delays in finances, worry about future security

You may feel stuck, but don't worry,
This is just a temporary setback.
Adjust your spending on extras right
now to make up for the difference.

CHAKRA 1 Muladhara: *Base of spine,
red light*

2 OF PENTACLES

UPRIGHT: Juggling, fun

You may have a few balls in the air
but you are dexterous and swift. As
with all 2s, this card can point to a
connection with another person.

REVERSED: Early stages, time to
practice

Still in the early stages of your craft,
you may lack the confidence of a
true expert. Growth happens in a
circular manner, rather than linear.

CHAKRA 4 Anahata: *Heart center,
green light*

3 OF PENTACLES

UPRIGHT: Teamwork, exploration

Communication is key and includes
both active listening and adding your

two cents' worth. Work together for greater productivity.

REVERSED: *Weak connection, difficulty communicating*

If there is one person in the group who is dominating the conversation, see if you can help find balance.

Bring focus to your throat center and imagine an ultramarine blue light that fills the space.

CHAKRA 5 Vissudha: *Throat, blue light*

4 OF PENTACLES

UPRIGHT: *Material wealth, stuck*

This card indicates you have reached a level of financial stability. You and your family may feel self-sufficient and emotionally stable. But don't identify with the material possessions in your life.

REVERSED: *Greed, materialism*

This card suggests your fears and obsessions about your finances. Don't overthink it. As the saying goes, "You can't take it with you."

CHAKRA 2 Svadhisthana: *Pelvis, orange light*

5 OF PENTACLES

UPRIGHT: Ill health, material loss

You may feel overwhelmed with worry about your financial stability. It can also indicate ill health for you or someone you know. Hard times come and go. This too shall pass.

REVERSED: Overcoming obstacles, moving on

Reversed, this card may indicate that you see a light at the end of the tunnel. Before you move on, connect to the base of your spine and establish your solid foundation.

CHAKRA 1 Muladhara: *Base of spine, red light*

6 OF PENTACLES

UPRIGHT: Balance, harmony

Sand dollars are perfectly balanced on this scale. Money flows in and money flows out. This is a good time to invest your money where your values lie.

REVERSED: Weak investments,
generous to a fault

Notice where your money is coming from and where it is going in order to maintain balance. If you loan out money at this time, don't count on getting it back.

CHAKRA 3 Manipura: *Solar plexus,
yellow light*

7 OF PENTACLES

UPRIGHT: Reap what you sow, harvest

Your shovel is set into the lush soil as you reflect on the abundance of your harvest. You've worked hard to get this far. Find gratitude for the here and now.

REVERSED: Short-lived success

The rewards from your hard work may be limited. This is a good reminder not to put all your eggs in one basket.

CHAKRA 4 Anahata: *Heart center,
green light*

8 OF PENTACLES

UPRIGHT: Apprenticeship, ambition

Don't be afraid to ask for help as you navigate new territory. Making mistakes is the only way to learn. The 8 pentacles float effortlessly down a stream of yellow ribbon. Bring your focus to your solar plexus to find the energy to get the job done.

REVERSED: Impatience, no commitment

Learning new skills can sometimes make your ego feel crushed. The little voice in your head may be saying, "You can't do this. It is too hard." This hesitancy will pass, as you push your way through. Surround yourself with your biggest fans.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

9 OF PENTACLES

UPRIGHT: Success, prosperity

Three lines of 3 pentacles lead up to a bright ribbon that has a dark side.

Luxury and prosperity may make you feel happy for a short while. Be careful not to confuse this with the dark side of materialism.

REVERSED: Living beyond your means, material identity

Be sure to find balance between work and pleasure. You are worth more than your bank account. Consume less and create more.

CHAKRA 7 Sahasrara: *Crown, white light*

10 OF PENTACLES

UPRIGHT: Family, celebration

This card shows a pyramid of pentacles stacked to the ceiling. Above them, there is crepe paper ribbon hung for the party. Celebrate even the simplest pleasures of family life.

REVERSED: Family burdens, short-lived celebration

In reverse, this card suggests communication breakdowns between you and your family. There have been high times, but they don't last.

CHAKRA 7 Sahasrara: *Crown, white light*

PAGE OF PENTACLES

UPRIGHT: Fresh start, ambition

This sweet young page holds up a sprig of trillium, a native perennial with detoxifying benefits. The Page of Pentacles can indicate a new job, good health and financial stability.

REVERSED: Delayed start, hesitation

You will soon be on your way. Tap into your confidence and the expertise of those around you.

CHAKRA 6 Ajna: *Third eye, violet light*

KNIGHT OF PENTACLES

UPRIGHT: Dependable, faithful

The Knight of Pentacles shows up as a young, bright and hopeful elephant who shares a message of prosperity. He wears a helmet with a symbol for earth etched in the side. Behind him fields are bountiful. Appreciate what you have and share any excess you don't need.

REVERSED: Stuck, lack of inspiration

Notice if you are feeling stuck in your daily routines. Change it up. Take the scenic route home. Enjoy this bountiful time.

CHAKRA 3 Manipura: *Solar plexus, yellow light*

QUEEN OF PENTACLES

UPRIGHT: Motherly, comforting

The Queen of Pentacles is strong, faithful and loving. She is the perfect example of someone who is down to earth. She is the person you call when you are feeling under the weather.

REVERSED: Sacrificial, lack of balance

Notice the amount of energy you are giving and receiving. Is it in balance? If not, step back and get a little perspective on the situation. The earth element can feel heavy without enough air. Bring your focus to your heart center.

CHAKRA 4 Anahata: *Heart center, green light*

KING OF PENTACLES

UPRIGHT: Financial success, tradition

The King of Pentacles is a cool old uncle. Now retired, he is reaping the benefits of a financially stable life. Although he emits masculine energy, he isn't afraid to wear a purple ribbon with a pentacle on his third eye center.

REVERSED: Corrupt, greedy

The King of Pentacles in reverse suggests that anyone can succeed if they work hard enough. Ethics come into question here. It may be hard to look at the big picture if you focus too much on your family's financial situation.

CHAKRA 1 Muladhara: *Base of spine, red light*

IN GRATITUDE

A special thank you goes out to each and every person who helped this deck show up. A few close friends and family helped me bounce around ideas and concepts as they showed up almost everyday!

A special “thank you” to my husband, Matt Filner for always reminding me that I was lucky enough to meet my match.

-T.

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